



## Med/Surg Skills Assessment Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please indicate your level of experience

A. Theory, no practice	C. One - two years experience
B. Intermittent experience	D. Two plus years experience

### 1. Cardiovascular

#### a. Assessment

i. Auscultation (rate, rhythm)	A	B	C	D
ii. Blood pressure/non-invasive	A	B	C	D
iii. Doppler	A	B	C	D
iv. Heart sounds/murmurs	A	B	C	D
v. Pulses/circulation checks	A	B	C	D

#### b. Equipment & procedures

##### i. Telemetry

1. Basic 12 lead interpretation	A	B	C	D
2. Basic arrhythmia interpretation	A	B	C	D
3. Lead placement	A	B	C	D
4. Pacemaker				
a. Permanent	A	B	C	D
b. Temporary	A	B	C	D

#### c. Care of the patient with:

i. Abdominal aortic bypass	A	B	C	D
ii. Aneurysm	A	B	C	D
iii. Angina	A	B	C	D
iv. Cardiac arrest	A	B	C	D
v. Cardiomyopathy	A	B	C	D
vi. Carotid endarterectomy	A	B	C	D
vii. Congestive heart failure (CHF)	A	B	C	D
viii. Femoral-popliteal bypass	A	B	C	D
ix. Myocarditis	A	B	C	D
x. Post acute MI (24-48 hours)	A	B	C	D
xi. Post angioplasty	A	B	C	D
xii. Post cardiac cath	A	B	C	D
xiii. Post cardiac surgery	A	B	C	D
xiv. Thrombophlebitis	A	B	C	D



d. Medications				
i. Heparin drip	A	B	C	D
ii. Oral anticoagulants	A	B	C	D
iii. Oral & IVP antihypertensives	A	B	C	D
iv. Oral & topical nitrates	A	B	C	D

## 2. Pulmonary

a. Assessment				
i. Breath sounds	A	B	C	D
ii. Rate and work of breathing	A	B	C	D
b. Interpretation of lab results				
i. Blood chemistry	A	B	C	D
ii. Blood gases	A	B	C	D
c. Equipment & procedures				
i. Airway management devices/suctioning				
1. Endotracheal tube/suctioning	A	B	C	D
2. Nasal airway/suctioning	A	B	C	D
3. Oropharyngeal/suctioning	A	B	C	D
4. Sputum specimen collection	A	B	C	D
5. Tracheostomy/suctioning	A	B	C	D
ii. Assist with intubation	A	B	C	D
iii. Assist with thoracentesis	A	B	C	D
iv. Care of the patient on a ventilator	A	B	C	D
v. Care of the patient with a chest tube				
1. Assist with set-up & insertion	A	B	C	D
2. Measuring and emptying	A	B	C	D
3. Removal	A	B	C	D
vi. Chest physiotherapy	A	B	C	D
vii. Incentive spirometry	A	B	C	D
viii. O2 therapy & medication delivery systems				
1. Bag and mask	A	B	C	D
2. External CPAP	A	B	C	D
3. Face masks	A	B	C	D
4. Inhalers	A	B	C	D
5. Nasal cannula	A	B	C	D
6. Portable O2 tank	A	B	C	D
7. Trach collar	A	B	C	D
ix. Oximetry	A	B	C	D
d. Care of the patient with:				
i. Bronchoscopy	A	B	C	D



ii. COPD	A	B	C	D
iii. Fresh tracheostomy	A	B	C	D
iv. Lobectomy	A	B	C	D
v. Pneumonectomy	A	B	C	D
vi. Pneumonia	A	B	C	D
vii. Pulmonary embolism	A	B	C	D
viii. Thoracotomy	A	B	C	D
ix. Tuberculosis	A	B	C	D

### 3. Neurological

a. Assessment				
i. Glasgow coma scale	A	B	C	D
ii. Level of consciousness	A	B	C	D
b. Equipment & procedures				
i. Assist with lumbar puncture	A	B	C	D
ii. Use of hyper/hypothermia blanket	A	B	C	D
c. Care of the patient with:				
i. Aneurysm precautions	A	B	C	D
ii. Basal skull fracture	A	B	C	D
iii. Closed head injury	A	B	C	D
iv. Coma	A	B	C	D
v. CVA	A	B	C	D
vi. DTs	A	B	C	D
vii. Encephalitis	A	B	C	D
viii. Externalized VP shunts	A	B	C	D
ix. Meningitis	A	B	C	D
x. Neuromuscular disease	A	B	C	D
xi. Post craniotomy	A	B	C	D
xii. Seizures	A	B	C	D
xiii. Spinal cord injury	A	B	C	D
d. Administration of anticonvulsants	A	B	C	D

### 4. Orthopedics

a. Assessment				
i. Circulation checks	A	B	C	D
ii. Gait	A	B	C	D
iii. Range of motion	A	B	C	D
iv. Skin	A	B	C	D
b. Equipment & procedures				
c. Continuous passive motion devices	A	B	C	D



i. Support devices					
1.	Cane	A	B	C	D
2.	Cervical collar	A	B	C	D
3.	Gait belt	A	B	C	D
4.	Prosthetic	A	B	C	D
5.	Sling	A	B	C	D
6.	Transfer boards	A	B	C	D
7.	Walker	A	B	C	D
8.	Wheelchair	A	B	C	D
9.	Traction	A	B	C	D
d. Care of the patient with:					
i.	Amputation	A	B	C	D
ii.	Arthroscopic surgery	A	B	C	D
iii.	Cast	A	B	C	D
iv.	Osteoporosis	A	B	C	D
v.	Pinned fractures	A	B	C	D
vi.	Rheumatic/arthritis disease	A	B	C	D
vii.	Total hip replacement	A	B	C	D
viii.	Total knee replacement	A	B	C	D

**5. Gastrointestinal**

a. Assessment					
i.	Abdominal/bowel sounds	A	B	C	D
ii.	Fluid balance	A	B	C	D
iii.	Nutritional	A	B	C	D
b. Interpretation of blood chemistry					
c. Equipment & procedures					
i. Administration of tube feeding					
1.	Feeding pump	A	B	C	D
2.	Gravity feeding	A	B	C	D
3.	Saline lavage	A	B	C	D
4.	Flexible feeding tube	A	B	C	D
ii. Management of					
1.	Gastrostomy tube	A	B	C	D
2.	Jejunostomy tube	A	B	C	D
3.	T-tube	A	B	C	D
iii.	Placement of nasogastric tube	A	B	C	D
iv.	Salem sump to suction	A	B	C	D
d. Care of the patient with:					
i.	Bowel obstruction	A	B	C	D



ii. Colostomy/ileostomy	A	B	C	D
iii. GI bleeding	A	B	C	D
iv. GI surgery	A	B	C	D
v. Hepatitis	A	B	C	D
vi. Inflammatory bowel disease	A	B	C	D
vii. Invasive diagnostic testing	A	B	C	D
viii. Liver failure	A	B	C	D
ix. Paralytic ileus	A	B	C	D

**6. Renal/Genitourinary**

a. Assessment

i. Arterio venous fistula/shunt	A	B	C	D
ii. Fluid balance	A	B	C	D
iii. Interpretation of lab results				
1. BUN & creatinine	A	B	C	D
2. Electrolytes	A	B	C	D

b. Equipment & procedures

i. Insertion & care of straight and Foley catheter				
1. Female	A	B	C	D
2. Male	A	B	C	D
ii. Catheter care				
1. 3-way Foley	A	B	C	D
2. Supra-pubic	A	B	C	D
iii. Bladder irrigations				
1. Continuous	A	B	C	D
2. Intermittent	A	B	C	D
iv. Specimen collection				
1. Routine	A	B	C	D
2. 24 hour	A	B	C	D

c. Care of the patient with:

i. Hemodialysis	A	B	C	D
ii. Nephrectomy	A	B	C	D
iii. Peritoneal dialysis	A	B	C	D
iv. Renal failure	A	B	C	D
v. Renal transplant	A	B	C	D
vi. TURP	A	B	C	D
vii. Urinary diversion/ileal conduit nephrostomy	A	B	C	D
viii. Urinary tract infection	A	B	C	D



**7. Endocrine/Metabolic**

a. Assessment				
i. S/S diabetic coma	A	B	C	D
ii. S/S insulin reaction	A	B	C	D
b. Equipment & procedures				
i. Blood glucose monitoring				
1. Electronic measuring device: type	_____			
2. Performing finger stick	A	B	C	D
3. Visual blood glucose strips	A	B	C	D
ii. Indwelling insulin pump	A	B	C	D
c. Care of the patient with:				
i. Diabetes mellitus	A	B	C	D
ii. Disorders of adrenal gland	A	B	C	D
iii. Disorders of pituitary gland	A	B	C	D
iv. Hyperthyroidism (Grave's disease)	A	B	C	D
v. Hypothyroidism	A	B	C	D
vi. Thyroidectomy	A	B	C	D
d. Medications (administration and teaching)				
i. Insulin	A	B	C	D
ii. Oral hypoglycemics	A	B	C	D
iii. Steroids	A	B	C	D
iv. Thyroid	A	B	C	D

**8. Wound Management**

a. Assessment				
i. Skin for impending breakdown	A	B	C	D
ii. Stasis ulcers	A	B	C	D
iii. Surgical wound healing	A	B	C	D
b. Equipment & procedures				
i. Air fluidized, low air loss beds	A	B	C	D
ii. Sterile dressing changes	A	B	C	D
iii. Wound care/irrigations	A	B	C	D
c. Care of the patient with:				
i. Burns	A	B	C	D
ii. Pressure sores	A	B	C	D
iii. Staged decubitus ulcers	A	B	C	D
iv. Surgical wounds with drain(s)	A	B	C	D
v. Traumatic wounds	A	B	C	D



**9. Oncology**

a. Assessment				
i. Nutritional status	A	B	C	D
ii. Pain control	A	B	C	D
b. Interpretation of lab results				
i. Blood chemistry	A	B	C	D
ii. Blood counts	A	B	C	D
c. Equipment & procedures				
i. Reverse isolation	A	B	C	D
d. Care of the patient with:				
i. Bone marrow transplant	A	B	C	D
ii. Fresh oncologic surgery	A	B	C	D
iii. Inpatient chemotherapy	A	B	C	D
iv. Inpatient hospice	A	B	C	D
v. Leukemia	A	B	C	D
vi. Radiation implant	A	B	C	D
e. Medications:				
i. Chemotherapy certification?	Yes		No	

**10. Infectious Diseases**

a. Interpretation of lab results:				
i. Blood count	A	B	C	D
b. Equipment & procedures				
i. Fever management	A	B	C	D
ii. Isolation	A	B	C	D
c. Care of the patient with:				
i. AIDS	A	B	C	D
ii. Hepatitis	A	B	C	D
iii. Lyme disease	A	B	C	D

**11. Phlebotomy/IV Therapy**

a. Equipment & procedures				
i. Administration of blood/blood products				
1. Albumin	A	B	C	D
2. Cryoprecipitate	A	B	C	D
3. Packed red blood cells	A	B	C	D
4. Plasma	A	B	C	D
5. Whole blood	A	B	C	D
ii. Drawing blood from central line	A	B	C	D
iii. Drawing venous blood	A	B	C	D



- iv. Starting IVs
  - 1. Angiocath A B C D
  - 2. Butterfly A B C D
  - 3. Heparin lock A B C D
- b. Care of the patient with:
  - i. Central line/catheter/dressing
    - 1. Broviac A B C D
    - 2. Groshong A B C D
    - 3. Hickman A B C D
    - 4. Portacath A B C D
    - 5. Quinton A B C D
  - ii. Peripheral line/dressing A B C D

**12. Pain Management**

- a. Assessment of pain level/tolerance A B C D
- b. Care of the patient with:
  - i. Epidural anesthesia/analgesia A B C D
  - ii. IV conscious sedation A B C D
  - iii. Patient controlled analgesia (PCA pump) A B C D

**Certification:**

Please read and agree to the statements below by signing and dating the bottom of this form.

I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize RN Exclusive to release this Skills Checklist to the Client facilities in relation to consideration of employment with those facilities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_